

Topical

Medications

Side Effects

Topical steroids

Skin Atrophy , Hypopigmentation, Striae

Calcipotriene

Skin Irritation, Photosensitivity

Tazarotene

Skin Irritation, Photosensitivity

Coal Tar

Skin Irritation, Odor, Staining of Clothes

Calcineurin inhibitors

Skin Burning, Skin Itching



Systemic



Medications

Important Notes

Phototherapy

Narrow-Band UV Light
Broad-Band UV Light
Psoralen Plus UVA Light

- Safe, Effective, Cost-Effective

Traditional/Oral

Methotrexate
Acitretin
Cyclosporin
Apremilast

- Requires careful consideration of patient medical history, severity/type of psoriasis, and previous treatment(s).
- Requires close monitoring of blood work and side effects.

Biologics

TNF Inhibitors
Etanercept, Adalimumab, Infliximab, Certolizumab Pegol

IL-23 and IL-12/IL-23 Inhibitors
Ustekinumab, Guselkumab, Tildrakizumab, Risankizumab

IL-17 Inhibitors
Secukinumab, Ixekizumab, Brodalumab

- Requires careful consideration of patient medical history, severity/type of psoriasis, and previous treatment(s).
- Requires close monitoring for infection and other side effects.



REFERENCES

American Academy of Dermatology (AAD)