

Medications

Notes (includes side effects)

Topical



Topical steroids:

Clobetasol (high potency)

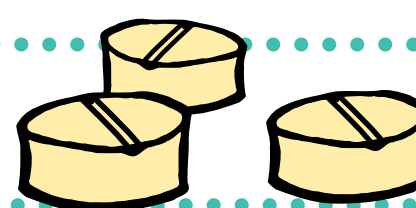
- To repigment vitiligo
- Apply to non-facial lesions
- SE: Skin Atrophy , Hypopigmentation, Striae

Calcineurin inhibitors:

Tacrolimus
Pimecrolimus

- To repigment vitiligo
- Safe to use on facial and non-facial lesions
- SE: Skin burning, Skin Itching

Systemic



Phototherapy:

Narrow-Band UV Light (NBUVB)
Broad-Band UV Light (UVB)
Psoralen Plus UVA Light (PUVA)

- May be used alone to stabilize active vitiligo
- Safe, effective, cost-effective

Oral Corticosteroids:

Prednisone
Dexamethasone

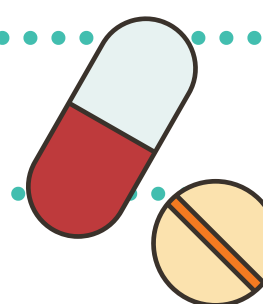
- To stabilize patients with rapid progression of vitiligo
- Can be given alone or in combination with phototherapy

Immunosuppressants:

Cyclosporine
Methotrexate
Mycophenolate mofetil

- To stabilize patients with rapid progression of vitiligo
- Careful consideration of patient medical history; requires close monitoring of blood work and potential side effects

Complementary & Alternative



Vitamins & antioxidants:

Vitamin C, Vitamin B12, & folic acid
Alpha-lipoic acid
Ginkgo biloba

- Often used as adjunctive treatment usually in combination with phototherapy

REFERENCES

American Academy of Dermatology (AAD)
Uptodate.com